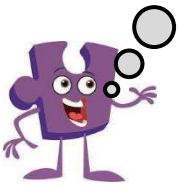
Y3 PSHE Knowledge Organiser

UNIT 3: Dreams and Goals

How can I overcome obstacles when working towards a goal?



My Key Learning

I will explore...

- How a range of people have achieved success when facing personal challenges
- How I might feel when I achieve my dreams/ambitions
- How I am responsible for my own learning
- How I can use my strengths to achieve a challenge
- How to manage feelings of frustration when obstacles occur

Key Vocabulary	Definition
admire	To respect someone and their behaviour.
ambition	A strong wish to achieve something.
co-operation	Working together with someone or doing what they ask you.
efficient	Working quickly and effectively in an organised way.
evaluate	To judge or calculate the quality or value of something.
excited	A feeling of being very happy and enthusiastic.
frustration	A feeling of being annoyed or less confident, because you cannot achieve what you want.
motivated	A feeling of being very enthusiastic or determined to achieve a goal.
respect	To admire someone or something that you believe has good qualities.
review	To think/talk about something again, to make a decision about it.
solution	The answer to a problem.

I will learn about...

- The challenges that some people face
- Why having dreams and ambitions is important
- How to face new challenges
- How to overcome obstacles
- How I can improve my learning process for the future